<b>攀JANU</b>	<b>JARY2</b>	<b>020 REF</b>	<b>IABAC</b>	TVITIES	C
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	1
Rehab AT SHANNONDELL		CHEERS Men Year	1 NEW YEARS DAY 9:30 2020 Beaded Necklace Creaft Kit (I) (1st Fl Act Rm) 10:30 New Years Day Entertainment with Danielle (4th Fl Inn) 11:00 Pet Therapy visits w/ Presley (2nd Fl) 2:30 Bingo with Helene (4th Fl Activity Rm) 6:30 Independent 2020 Coloring (2nd Fl Act Rm)	2 "King of the Road" Day - Roger Mill- ers Birthday 10:30 Spa Relaxation & Facials (2nd Fl Act Rm) 10:00 Book Cart Room Visits (RV) 1:30 1:1 Room Visits (2nd Fl Act Rm) (I) 2:30 Bingo (2nd Fl Act Rm)	3 We: 10:00 10:00 Kid" 2:30 West (2nd
<ul> <li>5 National Bird Day</li> <li>10:30am Catholic Communion Rite (2nd Fl Act)</li> <li>1:30 Bird Documentary on Tv (I) (2nd Fl Act Rm)</li> <li>2:30 Bird Word Searches, Coloring, and Crossword Puzzles (2nd Fl Act Rm) (I)</li> </ul>	6 Wheel of Fortune Day (Aired today in 1975) 11:15 Look Who's Dancing Seated Aerobics (4th Fl Living Rm) (Independent) 10:00 Aromatherapy & Guided Meditation (2nd Fl Act Rm) (I) 11:00 Bingo (2nd Fl Act ) 1:30 1:1 Room Visits 2:30 Jewelry Club—Snowflake Charm Bracelets (2nd Fl Act Rm) 7:30 Wheel of Fortune Channel 6 (on TV)	7 Winter Tea Tuesday 9:30 Pet Therapy with Lincoln (2nd Fl Hallways) 10:00 Aromatherapy & Guided Meditation (2nd Fl Act Rm) (I) 10:30 DIY Winter Lotion Making (2nd FL Act Rm) 1:30 1:1 Room Visits 2:00 Legions of Mary Catholic Room Visits 2:00 Cozy Up Tea Party Social (2nd Fl Act Rm)	8 Elvis Presley's Birthday (b. 1935) 10:00 Chair Ballet (4th Fl Living Room) (Independent) 11:00 Grilled Peanut Butter & Banana Sandwiches Social (2nd Fl Act Rm) 11:00 Pet Therapy visits w/ Presley (2nd Fl) 1:30-3:30 MANICURES with Elvis (2nd Fl Act Rm) 2:00 Christian Prayer Room Visits 6:30 Independent Coloring (2nd Fl Act Rm)	9 World Nerd Day 10:00 Book Cart Room Visits (RV) 10:00 Pet Therapy w/ Abby (3rd Fl Hallways) 10:00 "Good Will Hunting" Movie Showing (2nd Fl Act Rm) 10:30 Word Find & Crosswords (2nd Fl Act Rm) 11:00 Morning Devotion w. Rev Alm- quist (Non Denominational Service) (2nd Fl Act Rm) 1:30 1:1 Room Visits (I) 2:30 Bingo (2nd Fl Act Rm)	10 Ho 9:30 (3rd 1 10:30 Rm) 1:30 ( 2:30 Socia
12 Superhero Day 10:30am Catholic Communion Rite (2nd Fl Act) 2:00 The Complete Superman Collec- tion on Prime TV (2nd Fl Act Rm) (I)	13 Peach Melba Day 10:00 Oldies Music and Aro- matherapy (2nd Fl Act Rm) (I) 11:00 Bingo (2nd Fl Act ) 1:30 Pet therapy room visits w/ Star (Hallways) 1:30 1:1 Room Visits 2:30 Peach Melba Social (2nd Fl Act Rm) 8:00 pm National College Football Championship on ESPN	14 National Dress Up Your Pet Day         10:30 Funny Pet Videos and Hot         Chocolate (2nd Fl Act Rm)         2:00 Legions of Mary Catholic Room         Visits         1:30 Room Visits         2:30 Snowman Earrings Jewelry         Club (2nd Fl Act Rm)	15 National Hat Day 11:00 Independent Word Puzzles (2nd Fl Act Rm) 11:00 Pet Therapy visits w/ Presley (2nd Fl) 1:30-3:30 MANICURES (2nd Fl Act) 2:00 Christian Prayer Room Visits 6:30 CASINO NIGHT with Phoenix- ville Cheer (4th Fl)	16 Hello Dolly! Day         10:30 Science for Seniors (1st Fl Act Rm)         10:30 Hello Dolly! Movie Showing (2nd Fl Act Rm)         10:00 Book Cart Room Visits (RV)         1:00 Christian Life Group (4th Fl Theatre) (Independent)         1:30 Room Visits         2:30 Bingo (2nd Fl Act)	17 Ha 9:45a Mass * Spo 10:00 Rm) 10:00 2:30 I (2nd

## 業 ALC FRIDAY

estern Day

00 One on One Room Visits (RV) 00 "Butch Cassidy & the Sundance " Movie (2nd Fl Act Rm) (I) 0 Hot Fudge Ice Cream Social & stern Movie Marathon Continues d Fl Act)

## SATURDAY

4 Trivia Day

10:00 "Dr. Quinn Medicine Woman" Marathon (2nd Fl Act **Rm**) (I)

11:00 Independent Winter Landscape Coloring (2nd Fl Act Rm)

1:30 Independent Winter Trivia, Word Searches & Crossword Puzzles (I) (2nd Fl Act Rm)

2:00 Movie Matinee (4th Floor Theatre)

**Houseplant Appreciation Day** 

0 Independent Jig Saw Puzzles d Fl Act Rm)

30 Flower Arranging (3rd Fl Act

0 One on One Room Visits (RV) 0 Vanilla Cola Floats Ice Cream cial (2nd Fl Act Rm)

11 Let It Snow Day

**10:00 Arctic Climate Documentary** (2nd Fl Act Rm) (I) 11:00 Snowflake Frame Painting (I) (2nd Fl Act Rm)

2:00 Movie Matinee (4th Fl Theatre)

### Happy Birthday Betty White

5am– 11:45am Kisses Sweet Spa ssages (1st Fl Act) \* Must Sign Up pots limited\*

00 "Golden Girl s" (2nd Fl Act

:00 One on One Room Visits (RV) 0 Banana Split Ice Cream Social d Fl Act)

**18 Thesaurus Day** 

10:00 "Dr. Quinn Medicine Woman" Marathon (2nd Fl Act **Rm**) (I)

1:30 Independent Word Trivia, Word Searches & Crossword Puzzles (I) (2nd Fl Act Rm)

2:00 Movie Matinee (4th Floor Theatre)



# January 2020 - Rehab Activities Calendar

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	F		
19 Antarctica Day	20 MLK Day & Penguin Day	21 Grateful for Granola Bars Day	22 Blonde Brownie Day	23 National Pie Day	24 Pean		
10:30am Catholic Communion Rite (2nd Fl Act) 1:30 "The Polar Express " Movie (I) (2nd Fl Act)	10:00 MLK Documentary (I) (2nd Fl Act) 11:15 Look Who's Dancing Seated Aerobics (4th Fl Living Rm) (Independent) 11:00 Bingo (2nd Fl Act Rm) 1:30 MLH History & Teatime Trivia (2nd Fl Act Rm) 2:30 " March of the Penguins" Movie (I) (2nd Fl Act Rm)	9:30 Pet Therapy with Lincoln (2nd Fl Hallways) 10:30 Zodiac Signs & Horoscope Readings (2nd Fl Act Rm) 1:30 1:1 Room Visits 2:00 Legions of Mary Catholic Room Visits 2:30 Granola Bars From Scratch (2nd Fl Act Rm)	10:30 Blonde Brownie Baking (2nd Fl Act Rm) 11:00 Pet Therapy visits w/ Presley (2nd Fl) 2:00 Christian Prayer Room Visits 1:30-4:00 Manicures & "Golden Girls" Marathon (2nd Fl Act) 2:30 Musical Friends Band Perform- ance (4th Fl) (Independent)	10:00 Book Cart Room Visits 10:30 APPLE PIE BAKING (2nd Fl Act Rm) 11:30 1:1 Room Visits 2:30 Bingo (2nd Fl Act Rm)	10:30 P (2nd Fl 1:30 Gu mather 2:30 Va Ice Cre		
	ACTIVITY PROFESSIONALS WEEK						
26 Happy Birthday Wayne Gretzky	27 Mad Hatter Monday	28 Jackson Pollock's Birthday	29 National Puzzle Day	30 National Escape Day	31 Back		
10:30am Catholic Communion Rite (2nd Fl Act) 2:00 Independent Winter Coloring Pages, Trivia & Crossword Puzzles (I) (2nd Fl Act Rm) 2:30 Sunshine Girls Sing A Long Group (4th Fl Living Room) (Independent) 3:00 NFL PRO BOWL on ESPN	10:00 Aromatherapy and Guided Meditation (2nd Fl Act Rm) (I) 11:00 Bingo (2nd Fl Act Rm) 1:30 Pet therapy room visits w/ Star (Hallways) 1:30 Mad Hatter Hot Tea Social and Useless Trivia (2nd Fl Act Rm) 2:30 "Alice in Wonderland" Movie (2nd Fl Act Rm) (I)	10:30 Pollock Documentary (2nd Fl Act Rm) 11:00 Paint Like a Pollock Painting Class (2nd Fl Act Rm) 1:30 Mary Kay with Marita Skin Care Class (2nd Fl Act Rm) 2:00 Legions of Mary Catholic Room Visits	10:00 Jig Saw Puzzle Morning (3rd Fl Act Rm) (Independent) 11:00 Puzzle Craft (I) (2nd Fl Act Rm) (I) 11:00 Pet Therapy visits w/ Presley (2nd Fl) 2:00 Christian Prayer Room Visits 1:30-4:00 Manicures & "The Step- ford Wives" 1975 (2nd Fl Act) 6:30 Sinatra Special Performance (4th Fl Living Rm)	10:00 Pet Therapy w/ Abby (3rd Fl Hallways) 10:00 Book Cart Room Visits 11:00 Jewelry Club (2nd Fl Act Rm) 2:30 Bingo (2nd Fl Act Rm) 3:30 "The Great Escape" Movie 1963 (2nd Fl Act Rm)	10:00 M 10:30 H Cookie 11:30 O 2:30 Ice Act Rm		
					"W Ple We		

## FRIDAY

anut Butter Day

Peanut Butter Cookie Baking Fl Act Rm)

Guided Mediation & Aroerapy (2nd Fl Act Rm) (I) Vanilla Peanut Butter Sundaes ream Social (2nd Fl Act Rm)



25 Snickerdoodle Baking

10:00 "Baking Mad" Baking Show Marathon (2nd Fl Act Rm) 11:00 Snickerdoodle Baking (2nd Fl Act Rm) 2:00 Movie Matinee (4th Floor Theatre)

ckward Day

0 Monthly Resident Council (2nd Fl Act) Homemade Chocolate Chip ie Baking (2nd Fl Act Rm) One on One Visits (RV) Ice Cream Soda Social (2nd Fl m)



\*\*Refer to the Weekly" for recent changes\*\*

lease call Ext. 3496 with any questions!

e are very excited to see you at our next activity!

Please refer to the () for location of activities.

(I)= Independent activity/watch at your own leisure

(RV)= Room Visits

**Residents, Family & Friends** are always welcome to come to the activity rooms!